



ANGLICAN
DIOCESE *of*
OTTAWA

We acknowledge that our Diocese is on traditional Algonquin and Mohawk territory.

Holy Trinity Anglican Church, Metcalfe.

Fourth Sunday after Pentecost. June 20, 2021

Morning Prayer

(Adapted from the Book of Alternative Services.)

Officiant: O Lord, open Thou our lips,

People: And our mouth shall proclaim your praise.

Officiant: O God, make speed to save us.

People: O Lord, make haste to help us.

Officiant: Glory to the Father, and to the Son, and to the Holy Spirit:

People: as it was in the beginning, is now, and will be for ever. Amen.

Officiant: God rules over all the earth:

People: O come, let us worship.

Venite Psalm 95.1–7

Come, let us sing to the Lord; * **let us shout for joy to the rock of our salvation.**

Let us come before his presence with thanksgiving * **and raise a loud shout to him with psalms.**

For the Lord is a great God, * **and a great king above all gods.**

In his hand are the caverns of the earth, * **and the heights of the hills are his also.**

The sea is his and he made it, Come, let us bow down, and bend the knee, * **and kneel before the Lord our maker.**

For he is our God, and we are the people of his pasture and the sheep of his hand. * **Oh, that today you would hearken to his voice!**

Collect

O God our defender,
storms rage about us and cause us to be afraid.
Rescue your people from despair,

deliver your sons and daughters from fear,
and preserve us all from unbelief;
through your Son, Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and ever.

The Proclamation of the Word

The First Reading is from the first book of SAMUEL. (1 SAMUEL 17:(1A, 4-11, 19-23, 32-49)

Now the Philistines gathered their armies for battle. And there came out from the camp of the Philistines a champion named Goliath, whose height was six cubits and a span. He had a helmet of bronze on his head, and he was armed with a coat of mail; He had greaves of bronze on his legs and a javelin of bronze slung between his shoulders. He stood and shouted to the ranks of Israel, "Why have you come out to draw up for battle? Am I not a Philistine, and are you not servants of Saul? Choose a man for yourselves, and let him come down to me. If he is able to fight with me and kill me, then we will be your servants; but if I prevail against him and kill him, then you shall be our servants and serve us." When Saul and all Israel heard these words of the Philistine, they were dismayed and greatly afraid. David rose early in the morning, and went as Jesse had commanded him. He came, and greeted his brothers. As he talked with them, the champion, the Philistine of Gath, Goliath by name, came up out of the ranks of the Philistines, and spoke the same words as before. And David heard him.

David said to Saul, "Let no one's heart fail because of him; your servant will go and fight with this Philistine." Saul said to David, "You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth." David said, "The Lord, will save me from the hand of this Philistine." So Saul said to David, "Go, and may the Lord be with you!" Then he took his staff in his hand, and chose five smooth stones, and put them in his shepherd's bag, his sling was in his hand, and he drew near to the Philistine. The Philistine drew near to David. When the Philistine looked and saw David, he disdained him, for he was only a youth. But David said to the Philistine, "You come to me with sword and spear and javelin; but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. This very day the Lord will deliver you into my hand, and I will strike you down and cut off your head, so that all the earth may know that there is a God in Israel, and that all this assembly may know that the Lord does not save by sword and spear; for the battle is the Lord's and he will give you into our hand." When the Philistine drew nearer to meet David, David ran quickly toward the battle line to meet the Philistine. David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

This is the word of the Lord.

Thanks be to God.

The Psalm – 9:9-20

The Lord will be a refuge for the oppressed, * **a refuge in time of trouble.**

Those who know your name will put their trust in you, * **for you never forsake those who seek you, O Lord.**

Sing praise to the Lord who dwells in Zion; * **proclaim to the peoples the things he has done.**

The avenger of blood will remember them; * **he will not forget the cry of the afflicted.**

Have pity on me, O Lord; * **see the misery I suffer from those who hate me, O you who lift me up from the gate of death;**

So that I may tell of all your praises * **and rejoice in your salvation in the gates of the city of Zion.**

The Lord is known by his acts of justice; * **the wicked are trapped in the works of their own hands.**

The wicked shall be given over to the grave, * **and also all the peoples that forget God.**

For the needy shall not always be forgotten, * **and the hope of the poor shall not perish for ever.**

Rise up, O Lord, let not the ungodly have the upper hand; I * **let them be judged before you.**

The Second Reading: 2 CORINTHIANS 6:1-13

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute.

We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see - we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to

you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return - I speak as to children - open wide your hearts also.

This is the word of the Lord

Thanks be to God

Affirmation of Faith. The Apostles' Creed

Let us confess the faith of our baptism, as we say:

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again.

He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Amen.

Gospel

The Lord be with you.

And also with you.

The Holy Gospel Of Our Lord Jesus Christ According To Mark.

Glory to you, Lord Jesus Christ.

On that day, when evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?" MARK 4:35-41

The Gospel of Christ.

Praise to you Lord, Jesus Christ

Homily

Our Old Testament Lesson tells us today that Saul is not a happy camper. Instead of honoring David for his skills he is intensely jealous of him. David had just killed Goliath and he has earned great respect from the people. But, Saul even attempts to kill him, although he doesn't succeed because God had protected David - whereas God had rejected Saul. This is graphically made clear in today's psalm where we learn that when people trust in God, God will always be faithful to those who seek him. Saul doesn't understand that God is always just and that he will always intercede on behalf of the faithful – and protect them from the ungodly.

There is another unfortunate side to this. Today, as we acknowledge our brothers and sisters who are indigenous people, we see here one of man's earliest examples of failure to respect one another. You see - Goliath is a Philistine and a member of the avowed enemies of Early Israel. We see a link to this in modern day conflicts between Israel and Palestine. Of course, lest we be too quick to judge others, we cannot, and never again, overlook our own roles in the way we have treated Native People in our own lands. While we can not change the past, we can, and must, commit ourselves to treating one another with respect. God can help us with that. All we have to do is ask Him, with prayerful sincerity.

In the second reading Paul is continuing to proclaim this truth to those who live in Corinth – especially the newly converted. He chastises those who have followed false teachers, but heaps praise on those who have been faithful. And, it must have appeared very strange in the ears of his listeners to learn that Paul even loved his critics who he saw as children not yet reaching maturity.

Then, today we have my favorite Gospel reading. Being a Newfoundlander I completely understand how the sea can turn the hearts of men into fear and foreboding. The disciples were afraid and doubted the power of Jesus to do anything about it. Jesus chastises them and reminds them, and us too, that when He is present in our lives, we have nothing to be afraid of.

So, whether we live through the dangerous world of a Covid pandemic, or face troubled waters in our own personal lives, or try to deal more positively with our neighbor, the sure and tried remedy is the same. The presence of God, and his compassionate justice for those who fear him, always makes a difference. Those who don't believe, will doubt this. Those who are faithful will know the truth in this beyond any doubt.

Our Church and Congregation is our Spiritual home. It is where we go to receive spiritual re-charging and social interaction. It is where we go to receive spiritual nourishment. It is where we celebrate new birth and mourn for those who pass away. It is where we receive the sacraments of Baptism and Marriage. It is where we receive consolation in sad times and hope for the future. Finally it where we receive the Holy Eucharist – the heavenly food that sustains us on our journeys through life.

And now, our whole Diocese is undergoing a renewed look at the way we shape ministry. It is a formal process where we will be, along with all other Parishes and Congregations, looking in detail at our vision for the future. You have all received five basic questions, and soon you will be receiving a follow-up, which are asking you for your thoughts. Please take the time to respond to them. You can do this anonymously if you wish. It is critically important however that you respond. As we consult with the Diocesan renewal teams, we must have your input. If you are uncertain about any part of this process, or have any questions please let us know.

In the meantime, just as the Israelites transitted out of the dessert and into a new land, may we with the faith of David, be willing to cross into a future where our Faithful God will also be with us. May he calm our storms and lead us in peace to that place where He would have us go. And, may we be willing to follow Him. AMEN

Intercessions and Thanksgivings: LITANY # 1.

(In peace let us pray to the Lord, saying, "*Lord, have mercy.*")

For peace from on high and for our salvation, let us pray to the Lord. * "***Lord, have mercy.***"

For the peace of the whole world, for the welfare of the holy Church of God, and for the unity of all, let us pray to the Lord. * "***Lord, have mercy.***"

For our bishops, and for all the clergy and people, let us pray to the Lord. * "***Lord, have mercy.***"

For Elizabeth our Queen, for the leaders of the nations, and for all in authority, let us pray to the Lord. * "***Lord, have mercy.***"

For this town of Metcalfe, for every city and community, and for those who live in them in faith, let us pray to the Lord. * "***Lord, have mercy.***"

For good weather, and for abundant harvests for all to share, let us pray to the Lord. * "***Lord, have mercy.***"

For those who travel by land, water, or air, for the sick and the suffering (especially . . .), for prisoners and captives, and for their safety, health, and salvation, let us pray to the Lord. * "***Lord, have mercy.***"

For our deliverance from all affliction, strife, and need, let us pray to the Lord. * "***Lord, have mercy.***"

For the absolution and remission of our sins and offences, let us pray to the Lord. * "***Lord, have mercy.***"

For all who have died (especially . . .), let us pray to the Lord. * "***Lord, have mercy.***"

Remembering John the Baptist and all the saints, we commit ourselves, one another, and our whole life to Christ our God. * "***To you, O Lord.***"

Almighty God, you have given us grace at this time with one accord to make our common supplications to you, and you have promised through your well-beloved Son that when two or three are gathered together you will hear their requests. Fulfil now our desires and petitions, as may be best for us, granting us in this world knowledge of your truth, and in the age to come eternal life; for you, Father, are good and loving, and we glorify you through your Son Jesus Christ our Lord, in the Holy Spirit, now and for ever. **Amen**

In the worldwide Anglican Cycle of Prayer, we pray today for the Anglican Communion of the Church of Nigeria

For our National Indigenous Bishop, The Most Reverend Mark MacDonald. St. John's, Richmond. The Reverend Allan Budzin, Interim Priest-in-Charge.

For the Parish of Maberly-Lanark St. Alban's, Maberly St. Paul's, Lanark St. John's, Balderson St. Stephen's, Bathurst. The Reverend Dr. Ron Hunt, Interim Priest-in-Charge

We ask you to watch over all our parish family, remembering especially Zachariah, Marjorie, Cheryl, Jeanette, Roy, Emerson, Irene, Glenda, and their families.

The Collect of the Day

O God our Defender, storms rage around us and cause us to be afraid. Rescue you people from despair, deliver your sons and daughters from fear, and preserve us from all unbelief. Through your Son, Jesus Christ our Lord, who lives and reigns with the Holy Spirit, one God, now and forever.

Amen

The Lord's Prayer

Officiant: Gathering our prayers and praises into one, let us pray as our Saviour taught us:

All: ***Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen***