



ANGLICAN  
DIOCESE of  
OTTAWA

## Holy Trinity Church, Metcalfe, Ontario.

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*PLEASE KEEP YOUR MASK COVERING BOTH YOUR MOUTH AND NOSE AT ALL  
TIMES.*

*Maintain social distancing. No physical contact.*

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### **Tenth Sunday after Pentecost. August 1st, 2021**

## The Holy Eucharist.

(Adapted from the Book of Alternative Services. Page 185.)

*Officiant:* We acknowledge that our Church is located on the traditional territories of the Algonquin and Mohawk Peoples.

*Congregation:* **May we dwell on these lands with respect and peace.**

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**Words of welcome.**

**Opening Hymn:**

**The Gathering of the Community**

**All stand.** *The presiding celebrant greets the community.*

*Celebrant:* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

*Celebrant:* Almighty God,

**All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.**

*Celebrant:* Glory to God in the highest,

**All: and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

### **Collect**

Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

## **The Proclamation of the Word**

### **First Reading**

A READING FROM THE SECOND BOOK OF SAMUEL

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. But the thing that David had done displeased the Lord, and the Lord sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meagre fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveller to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man. He said to Nathan, "As the Lord lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity." Nathan said to David, "You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives

before your eyes, and give them to your neighbour, and he shall lie with your wives in the sight of this very sun. For you did it secretly, but I will do this thing before all Israel, and before the sun." David said to Nathan, "I have sinned against the Lord."

2 SAMUEL 11:26-12:13a

### **Psalm 51:1-13**

Have mercy on me, O God, according to your loving-kindness; in your great compassion blot out my offences. Wash me through and through from my wickedness and cleanse me from my sin. **Create in me a clean heart, O God.**

For I know my transgressions, and my sin is ever before me. Against you only have I sinned and done what is evil in your sight. **Create in me a clean heart, O God.**

And so you are justified when you speak and upright in your judgement. Indeed, I have been wicked from my birth, a sinner from my mother's womb. **Create in me a clean heart, O God.**

For behold, you look for truth deep within me, and will make me understand wisdom secretly. Purge me from my sin, and I shall be pure; wash me, and I shall be clean indeed. **Create in me a clean heart, O God.**

Make me hear of joy and gladness, that the body you have broken may rejoice. Hide your face from my sins and blot out all my iniquities. **Create in me a clean heart, O God.**

Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence and take not your holy Spirit from me. Give me the joy of your saving help again and sustain me with your bountiful Spirit. **Create in me a clean heart, O God.**

### **Second Reading**

#### **A READING FROM THE LETTER OF PAUL TO THE EPHESIANS**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore, it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up

the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.  
EPHESIANS 4:1-16

### **Gradual Hymn:**

*All stand for the Gospel.*

*Celebrant:* The Lord be with you.

People: **And also with you.**

*Celebrant:* The Holy Gospel of our Lord Jesus Christ according to John

People: **Glory to you, Lord Jesus Christ.**

### **Gospel**

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

JOHN 6:24-35

At the conclusion of the Gospel, the Celebrant says, The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

### **Sermon**

**The Apostles' Creed**

*Celebrant:* Let us confess the faith of our baptism, as we say,

**All: I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

### **The Prayers of the People**

(Let us pray with confidence to the Lord, saying, “**Lord hear our prayer.**”)

O Lord, guard and direct your Church in the way of unity, service, and praise. Today, in our Diocesan cycle of prayer, we pray for St. Stephen’s, Ottawa and The Reverend George Kwari. For Our Diocesan Deacons: The Reverend Jarrett Carty, The Reverend Tamara Connors, The Reverend Elizabeth December, The Reverend Caroline Ducros, The Reverend Christine Jannasch, The Reverend Richard Matthias, The Reverend Robert Sicard, and The Reverend Steven Zytveld. **Lord, hear our prayer.**

Give to all nations an awareness of the unity of the human family. **Lord, hear our prayer.**

Cleanse our hearts of prejudice and selfishness and inspire us to hunger and thirst for what is right. **Lord, hear our prayer.**

Teach us to use your creation for your greater praise, that all may share the good things you provide. **Lord, hear our prayer.**

Strengthen all who give their energy or skill for the healing of those who are sick in body or in mind. **Lord, hear our prayer.**

Set free all who are bound by fear and despair. **Lord, hear our prayer.**

Grant a peaceful end and eternal rest to all who are dying, and your comfort to those who mourn. **Lord, hear our prayer.**

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy name thou wilt hear their requests: fulfil now, O Lord, the desires and petitions of thy servants as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting; for thou, Father, art good and loving, and we glorify thee through thy Son Jesus Christ our Lord, in the Holy Spirit, now and for ever. **Amen.**

## **Confession and Absolution**

*Celebrant:* Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness. Most merciful God,

**All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

*Celebrant:* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People **Amen.**

**The Peace.** (No physical contact.) Exchange the Peace by a friendly nod to others while staying in your pew.)

**All stand,**

*Celebrant:* The peace of the Lord be always with you.

People **And also with you.**

**Offertory Hymn:** *Please note that the offering plates will not be passed but will be set on a table in the aisle to receive your offerings. We also encourage you to continue donating online, or by cheque if possible.*

## **Prayer over the Gifts**

God our sustainer,  
accept all we offer you this day,  
and feed us continually with that bread  
which satisfies all hunger,  
your Son our Saviour Jesus Christ.

# **The Celebration of the Eucharist**

## **Eucharistic Prayer 2**

Celebrant. The Lord be with you.

People. **And also with you.**

Celebrant. Lift up your hearts.

People. **We lift them to the Lord.**

Celebrant. Let us give thanks to the Lord our God.

People. **It is right to give our thanks and praise.**

Celebrant. We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things. By the power of the Holy Spirit, he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all. In fulfilment of your will, he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people. He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence. Now with all creation we raise our voices to proclaim the glory of your name.

**All. Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Celebrant. Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ, who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me." Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you. We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.

**All, glory, and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.**

*Celebrant:* And now, as our Saviour Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead**

**us not into temptation but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

### **The Breaking of the Bread**

The celebrant breaks the consecrated bread for distribution, and says “I am the bread of life,” says the Lord. “Whoever comes to me will never be hungry; whoever believes in me will never thirst.”

**All: Taste and see that the Lord is good; happy are they who trust in him!**

***The Communion:** (The Sacrament will be administered by Consecrated Host only. Consecrated Wine will only be consumed by the Priest. Please remain in your pew and the Priest will bring the Bread to you. If you prefer to not receive Holy Communion, please cross your arms over your chest to indicate this to the Priest. Finally, please wait until the Priest has moved 2 metres away to remove your mask to consume the Host.)*

The celebrant invites the people to share in communion and says, The gifts of God for the People of God.

**People Thanks be to God.**

The celebrant and people then receive communion.

### **Prayer after Communion**

*Celebrant:* God of grace,  
we have shared in the mystery  
of the body and blood of Christ.  
May we who have tasted the bread of life  
live with you for ever.  
We ask this in the name of Jesus Christ our Lord.

*Celebrant:* Glory to God,

**All: whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen**

### **Closing Hymn:**

*After the service is over, the people in the back pews will need to leave first. The Priest will greet you as you leave while maintaining physical distancing. There will not be any shaking of hands.*

### **Dismissal**



*Sanitizing wipes are available at the washroom for you to wipe all touch surfaces such as the door handle, light switches, soap dispenser button, paper towel dispenser, push bar, taps and toilet flush handle. The wipes are not flushable and will need to go in the garbage.*

*The re-opening of our Church once again will be a time of trial and error and will change as the situation in the diocese changes.*

*We will be following all the requirements of the Diocese of Ottawa's COVID-19 Plan. We appreciate your patience as we all work together to keep our space safe.*

*We welcome you to share your concerns and suggestions with Archdeacon Gerry or either of the Wardens at any time.*

#### **NOTICES**

A Meeting of the Parish Council will be held on Tuesday, August 10<sup>th</sup>, at 7 pm.

Following a meeting this week of the Committee looking at the responses to the five questions on *The Shape of Parish Ministry*, it was decided that we would invite the whole congregation to the next meeting. It will be held on Wednesday, August 18<sup>th</sup> at 7 pm.

These meetings will be held in person at the church hall, unless restrictions change.