



ANGLICAN  
DIOCESE *of*  
OTTAWA

## Holy Trinity Church, Metcalfe, Ontario.

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Eleventh Sunday after Pentecost. August 8th, 2021

# The Holy Eucharist.

(Adapted from the Book of Alternative Services. Page 185.)

*Officiant:* We acknowledge that our Church is located on the traditional territories of the Algonquin and Mohawk Peoples.

*Congregation:* **May we dwell on these lands with respect and peace.**

**Words of welcome.**

**The Gathering of the Community**

*Celebrant:* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

*Celebrant:* Almighty God,

**All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.**

*Celebrant:* Glory to God in the highest,

**All: and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

**Collect:** Almighty God,  
you sent your Holy Spirit  
to be the life and light of your Church.  
Open our hearts to the riches of your grace,  
that we may bring forth the fruit of the Spirit  
in love, joy, and peace;  
through Jesus Christ our Lord,  
who is alive and reigns with you and the Holy Spirit,  
one God, now and for ever.

### **First Reading**

#### A READING FROM THE SECOND BOOK OF SAMUEL

The king ordered Joab and Abishai and Ittai, saying, "Deal gently for my sake with the young man Absalom." And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armour-bearers, surrounded Absalom and struck him, and killed him. Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you." The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man." The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

2 SAMUEL 18:5-9, 15, 31-33

### **Psalm 130**

Out of the depths have I called to you, O Lord; Lord, hear my voice; let your ears consider well the voice of my supplication. **The Lord shall redeem us from all our sins.**

If you, Lord, were to note what is done amiss, O Lord, who could stand? For there is forgiveness with you; therefore you shall be feared. **The Lord shall redeem us from all our sins.**

I wait for the Lord; my soul waits for him; in his word is my hope. My soul waits for the Lord, more than watchmen for the morning, more than watchmen for the morning. **The Lord shall redeem us from all our sins.**

O Israel, wait for the Lord, for with the Lord there is mercy; With him there is plenteous redemption, and he shall redeem Israel from all their sins. **The Lord shall redeem us from all our sins.**

### **Second Reading**

A READING FROM THE LETTER OF PAUL TO THE EPHESIANS

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

EPHESIANS 4:25-5:2

*Celebrant:* The Lord be with you.

People: **And also with you.**

*Celebrant:* The Holy Gospel of our Lord Jesus Christ according to John

People: **Glory to you, Lord Jesus Christ.**

### **Gospel**

Jesus said to the people, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

JOHN 6:35, 41-51

At the conclusion of the Gospel, the Celebrant says, The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

## **Sermon**

### **The Apostles' Creed**

*Celebrant:* Let us confess the faith of our baptism, as we say,

**All: I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

### **The Prayers of the People**

Let us offer our prayers to the source of all love and all life, saying, “**Lord hear our prayer.**”)

Merciful Lord, we pray for all who call themselves Christians: that we may become a royal priesthood, a holy nation, to the praise of Christ Jesus our Saviour. **Lord hear our prayer.**

O Lord, guard and direct your Church in the way of unity, service, and praise. Today, in our Diocesan cycle of prayer, we pray for St. Clare's, North Dundas and all who minister there: Holy Trinity, Bearbrook, The Reverend Chung Yan (JoAnne) Lam: St. Mary's, Navan: St. Mary the Virgin, Blackburn: For the residents, staff and chaplains of the Ottawa Carleton Detention Centre, and The Reverend Caroline Ducros, Anglican Chaplain. **Lord, hear our prayer.**

We pray for Shane our bishop, and for all bishops and other ministers: that they may remain faithful to their calling and rightly proclaim the word of truth. **Lord hear our prayer.**

We pray for Elizabeth our Queen, for the leaders of the nations, and all in authority: that your people may lead quiet and peaceable lives. **Lord hear our prayer.**

We pray for this city and those who live here, the poor and the rich, the elderly and the young, men and women: that you will show your goodwill to all. **Lord hear our prayer.**

We pray for the victims of our society and those who minister to them: that you will be their help and defence. **Lord hear our prayer.**

We pray for those preparing for baptism, and for those recently baptized: that they may be strengthened in the faith. **Lord hear our prayer.**

We give thanks for all the saints who have found favour in your sight from earliest times, prophets, apostles, martyrs, and those whose names are known to you alone: and we pray that we too may be counted among your faithful witnesses. **Lord hear our prayer.**

We pray for those in our church family especially Howard, Irene, Marjorie, Roy, Emerson, Cheryl, Jeanette, Zachariah, and their families.  
**Lord hear our prayer.**

Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy name thou wilt hear their requests: fulfil now, O Lord, the desires and petitions of thy servants as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting; for thou, Father, art good and loving, and we glorify thee through thy Son Jesus Christ our Lord, in the Holy Spirit, now and for ever. **Amen.**

### **Confession and Absolution**

*Celebrant:* Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness. Most merciful God,

**All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

*Celebrant:* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People **Amen.**

### **The Peace.**

*Celebrant:* The peace of the Lord be always with you.

People **And also with you.**

### **Prayer over the Gifts**

Father, receive all we offer you this day,  
and grant that in this eucharist  
we may be enriched by the gifts of the Spirit.  
We ask this in the name of Jesus Christ our Lord.

# The Celebration of the Eucharist

## Eucharistic Prayer 3

Celebrant. The Lord be with you.

People. **And also with you.**

Celebrant. Lift up your hearts.

People. **We lift them to the Lord.**

Celebrant. Let us give thanks to the Lord our God.

People. **It is right to give our thanks and praise.**

Celebrant: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. Now with all creation we raise our voices to proclaim the glory of your name.

**All. Holy, holy, holy Lord, God of power and might, Holy Eucharist 197 heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, Father, according to his command,

**All: we remember his death, we proclaim his resurrection, we await his coming in glory.**

Celebrant: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the

firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. People Amen

*Celebrant:* And now, as our Saviour Christ has taught us, we are bold to say,

**All: Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

### **The Breaking of the Bread**

The celebrant breaks the consecrated bread for distribution, and says "I am the bread of life," says the Lord. "Whoever comes to me will never be hungry; whoever believes in me will never thirst."

**All: Taste and see that the Lord is good; happy are they who trust in him!**

### ***The Communion***

The celebrant invites the people to share in communion and says, The gifts of God for the People of God.

People **Thanks be to God.**

### **Prayer After Communion**

Eternal God,  
grant to your Church the unity and peace  
that we have tasted in this eucharist,  
the fruit of your life-giving Spirit.  
We ask this in the name of Jesus Christ the Lord.

*Celebrant:* Glory to God,

**All: whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen**

### **Dismissal**

## **NOTICES**

A Meeting of the Parish Council will be held on Tuesday, August 10<sup>th</sup>, at 7 pm.

An important meeting of the whole congregation will be held on Wednesday, August 18<sup>th</sup> at 7 pm. The purpose will be to fine-tune our responses to the five questions about *The Shape Future Ministry*. These meetings will be held in person in the church hall.