

Holy Trinity Anglican Church, Metcalfe  
PENTECOST 13  
AUGUST 18, 2024  
Reverend Anne Quick

Celebrant: We acknowledge our presence on the ancestral lands of the Algonquin Anishinaabe nation.

All: **In a spirit of reconciliation, may we always seek to respect the history, spirituality, and culture of Indigenous Peoples and uphold our continuing responsibility as treaty people.**

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

Celebrant: Almighty God,

People: **to you all hearts are open, all desires known, and from you no secrets are hidden.**

**Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Celebrant: Glory to God in the highest

People: **and peace to his people on earth. Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

Celebrant: Almighty God,

you have broken the tyranny of sin

and sent into our hearts the Spirit of your Son. Give us grace to dedicate our freedom to your service,

that all people may know the glorious liberty of the children of God;

through Jesus Christ our Lord,

who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All: **Amen**

Reader: A Reading From The First Book Of Kings

Then David slept with his ancestors, and was buried in the city of David. The time that David reigned over Israel was forty years; he reigned seven years in Hebron, and thirty- three years in Jerusalem. So Solomon sat on the throne of his father David; and his kingdom was firmly established. Solomon loved the Lord, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burnt offerings on that altar. At Gibeon the Lord appeared to Solomon in a dream by night; and God said, "Ask what I should give you." And Solomon said, "You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart toward you; and you have kept for him this great and steadfast love, and have given him a son to sit on his throne today. And now, O Lord my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?" It pleased the Lord that Solomon had asked this. God said to him, "Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. I give you also what you have not asked, both riches and honour all your life; no other king shall compare with you. If you will walk in my ways, keeping my statutes and my commandments, as your father David walked, then I will lengthen your life." 1 KINGS 2:10-12; 3:3-14

Reader: The Word of the Lord

People: **Thanks be to God**

Reader: Our Psalm for today is Psalm 111

Hallelujah! I will give thanks to the Lord with my whole heart, in the assembly of the upright, in the congregation. Great are the deeds of the Lord! they are studied by all who delight in them.

All: **The fear of the Lord is the beginning of wisdom.**

Reader: His work is full of majesty and splendour, and his righteousness endures for ever.

He makes his marvellous works to be remembered; the Lord is gracious and full of compassion.

All: **The fear of the Lord is the beginning of wisdom.**

Reader: He gives food to those who fear him; he is ever mindful of his covenant. He has shown his people the power of his works in giving them the lands of the nations.

All: **The fear of the Lord is the beginning of wisdom.**

Reader: The works of his hands are faithfulness and justice; all his commandments are sure.

They stand fast for ever and ever, because they are done in truth and equity.

All: **The fear of the Lord is the beginning of wisdom.**

Reader: He sent redemption to his people; he commanded his covenant for ever; holy and awesome is his name.

The fear of the Lord is the beginning of wisdom; those who act accordingly have a good understanding; his praise endures for ever.

Reader: A reading from the Letter Of Paul To The Ephesians

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ. EPHESIANS 5:15-20

The Word of the Lord

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John (6:51-58)

People: **Glory be to you, Lord Jesus Christ.**

Celebrant: Jesus said to the people, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh." The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

The Gospel of Christ.

People: **Praise to you, Lord Jesus Christ.**

## Homily

Celebrant: Let us confess the faith of our baptism, as we say,

People: **I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

Reader: In peace let us pray to the Lord, saying, "Lord, hear and have mercy." We pray for all who confess the name of Christ: fill us with the power of your Holy Spirit. All: **Lord, hear and have mercy.**

Celebrant: We pray for those whose lives are bound in mutual love, and for those who live in celibacy: be their joy and their strength.

All: **Lord, hear and have mercy.**

Reader: For all in danger, for those who are far from home, prisoners, exiles, victims of oppression: grant them your salvation.

All: **Lord, hear and have mercy.**

Reader: For all who are facing trials and difficulties, for those who are sick remembering especially Brenda, Kelly, Marjorie, Louise, Liesa, Randy, Beth, Howard, Irene, Richard, Deb, Jeanette, Cheryl, Zachariah, and those who are dying: show them your kindness and mercy.

All: **Lord, hear and have mercy.**

Reader: We pray for one another: may we always be united in service and love.

All: **Lord, hear and have mercy.**

Reader: We pray to be forgiven our sins and set free from all hardship, distress, want, war, and injustice.

All: **Lord, hear and have mercy.**

Reader: We pray for Shane, our Bishop; Anne, our Metropolitan; Linda, our Primate; as well as The Anglican Council of Indigenous Peoples, the Rt Rev Christopher Harper, National Indigenous Anglican Archbishop, Sacred Circle Events, and the Ministry of Reconciliation. We pray for St. Alban the Martyr, Ottawa The Reverend Michael Garner and St. Bernard-de-Clairvaux, Ottawa and The Reverend Canon Kevin Flynn.

All: **Lord, hear and have mercy.**

Reader: May we discover new and just ways of sharing the goods of the earth, struggling against exploitation, greed, or lack of concern: may we all live by the abundance of your mercies and find joy together.

All: **Lord, hear and have mercy.**

Reader: May we be strengthened by our communion with all Christ's saints.

All: **Lord, hear and have mercy.**

Reader: O God of Love, your compassion fails none you created. Thank you for Jesus Christ and his example of a life that demonstrates how to live our daily discipleship. May we be instruments of your love, bringing you the pains of the sick, the injured, the weary, the heavy laden, those in sorrow or darkness, the hungry and weak. Grant us loving hearts and ready hands to help serve those in need among us. May our willingness to serve show our love and gratitude to you, our Lord and Saviour Jesus Christ.

All: **Amen.**

Celebrant: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness. Most merciful God,

All: **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

All: **Amen.**

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Celebrant: Loving God and Father,  
you have adopted us to be your heirs.  
Accept all we offer you this day  
and give us grace to live as faithful children.  
We ask this in the name of Jesus Christ our Lord.

All: **Amen**

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

Celebrant: Blessed are you, gracious God, creator of heaven and earth; by water and the Holy Spirit you have made us a holy people in Jesus Christ our Lord; you renew that mystery in bread and wine and nourish us, to show forth your glory in all the world. Therefore with angels and archangels, and with all the holy people who have served you in every age, we raise our voices to proclaim the glory of your name.

**All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Celebrant: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, Father, according to his command,

**All: we remember his death, we proclaim his resurrection, we await his coming in glory;**

Celebrant: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

**All: Amen**

Celebrant: And now, as our Saviour Christ has taught us, we are bold to say,  
People: **Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

Celebrant: I am the bread of life," says the Lord. "Whoever comes to me will never be hungry; whoever believes in me will never thirst."

All: **Taste and see that the Lord is good; happy are they who trust in him!**

Celebrant: The gifts of God for the People of God.

People: **Thanks be to God**

Celebrant: Eternal God,  
we have received a token of your promise.

May we who have been nourished by holy things live as faithful heirs of your promised kingdom, in the name of Jesus Christ our Lord.

All: **Amen**

Celebrant: Glory to God,

All: **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

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