

Holy Trinity Anglican Church, Metcalfe  
PENTECOST 14  
AUGUST 25, 2024  
Reverend Margo Whittaker

Celebrant: Dear friends, we gather today on the traditional and unceded territory of the Algonquin Anishinaabe nation.

All: **May we dwell on this land with respect and peace.**

Celebrant: The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

Celebrant: Almighty God,

People: **to you all hearts are open, all desires known,  
and from you no secrets are hidden.**

**Cleanse the thoughts of our hearts by the inspiration of your  
Holy Spirit,**

**that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

Celebrant: Glory to God in the highest

People: **and peace to his people on earth.**

**Lord God, heavenly king,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,**

**Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;**

**you are seated at the right hand of the Father: receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

Celebrant: Almighty God,  
we are taught by your word  
that all our doings without love are worth nothing.  
Send your Holy Spirit and pour into our hearts  
that most excellent gift of love,  
the true bond of peace and of all virtue;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever.

All: **Amen**

Reader: A Reading From The First Book Of Kings

Then Solomon stood before the altar of the Lord in the presence of all the assembly of Israel, and spread out his hands to heaven. He said, "O Lord, God of Israel, there is no God like you in heaven above or on earth beneath, keeping covenant and steadfast love for your servants who walk before you with all their heart, the covenant that you kept for your servant my father David as you declared to him; you promised with your mouth and have this day fulfilled with your hand. Therefore, O Lord, God of Israel, keep for your servant my father David that which you promised him, saying, 'There shall never fail you a successor before me to sit on the throne of Israel, if only your children look to their way, to walk before me as you have walked before me.' Therefore, O God of Israel, let your word be confirmed, which you promised to your servant my father David. But will God indeed dwell

on the earth? Even heaven and the highest heaven cannot contain you, much less this house that I have built! Regard your servant's prayer and his plea, O Lord my God, heeding the cry and the prayer that your servant prays to you today; that your eyes may be open night and day toward this house, the place of which you said, 'My name shall be there,' that you may heed the prayer that your servant prays toward this place. Hear the plea of your servant and of your people Israel when they pray toward this place; O hear in heaven your dwelling place; heed and forgive. Likewise when a foreigner, who is not of your people Israel, comes from a distant land because of your name - for they shall hear of your great name, your mighty hand, and your outstretched arm - when a foreigner comes and prays toward this house, then hear in heaven your dwelling place, and do according to all that the foreigner calls to you, so that all the peoples of the earth may know your name and fear you, as do your people Israel, and so that they may know that your name has been invoked on this house that I have built." 1 KINGS 8:22-30, 41-43 The Word of the Lord  
People: **Thanks be to God**

Reader: Our Psalm for today is Psalm 84

How dear to me is your dwelling, O Lord of hosts! My soul has a desire and longing for the courts of the Lord; my heart and my flesh rejoice in the living God.

All: **Happy are the people whose strength is in you!**

Reader: The sparrow has found her a house and the swallow a nest where she may lay her young; by the side of your altars, O Lord of hosts, my King and my God.

All: **Happy are the people whose strength is in you!**

Reader: Happy are they who dwell in your house! they will always be praising you. Happy are the people whose strength is in you! whose hearts are set on the pilgrims' way.

All: **Happy are the people whose strength is in you!**

Reader: Those who go through the desolate valley will find it a place of springs, for the early rains have covered it with pools of water. They will climb from height to height, and the God of gods will reveal himself in Zion. Lord God of hosts, hear my prayer; hearken, O God of Jacob.

All: **Happy are the people whose strength is in you!**

Reader: Behold our defender, O God; and look upon the face of your anointed. For one day in your courts is better than a thousand in my own room, and to stand at the threshold of the house of my God than to dwell in the tents of the wicked.

All: **Happy are the people whose strength is in you!**

Reader: For the Lord God is both sun and shield; he will give grace and glory; No good thing will the Lord withhold from those who walk with integrity. O Lord of hosts, happy are they who put their trust in you!

All: **Happy are the people whose strength is in you!**

Reader: A reading from the Letter Of Paul To The Ephesians

Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one.

Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and

supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

EPHESIANS 6:10-20

The Word of the Lord

People: **Thanks be to God**

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John (6:56-69)

People: **Glory be to you, Lord Jesus Christ.**

Celebrant: Jesus said, "Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." He said these things while he was teaching in the synagogue at Capernaum. When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" But Jesus, being aware that his disciples were complaining about it, said to them, "Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father." Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, "Do you also

wish to go away?" Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

The Gospel of Christ.

People: **Praise to you, Lord Jesus Christ.**

Sermon

Celebrant: Let us confess the faith of our baptism, as we say,

People: **I believe in God,  
the Father Almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was  
conceived by the power of the Holy Spirit and born of the Virgin  
Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried. He descended to the dead.  
On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of the Father. He will come again  
to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body, and the life everlasting. Amen.**

Reader: As we stand in God's presence, let us pray to the Lord, saying, "Lord, have mercy." For the whole People of God, that each one may be a true and faithful servant of Christ, let us pray to the Lord.

All: **Lord, have mercy.**

Reader: For those drawing near to the light of faith, that the Lord will

bring them to true knowledge of himself, let us pray to the Lord.

All: **Lord, have mercy.**

Reader: For our families and friends, that the Lord will give them joy and satisfaction in all that they do, let us pray to the Lord.

All: **Lord, have mercy.**

Reader: For those who are lonely, sick, hungry, persecuted, or ignored, that the Lord will comfort and sustain them. For those in our parish family: Brenda, Kelly, Marjorie, Louise, Liesa, Randy, Beth, Howard, Irene, Richard, Deb, Jeanette, Cheryl, Zachariah and those known to you alone, let us pray to the Lord.

All: **Lord, have mercy.**

Reader: For our country, that the Lord will help us to contribute to its true growth and well-being, let us pray to the Lord.

All: **Lord, have mercy.**

Reader: For the whole human family, that we may live together in justice and peace, let us pray to the Lord.

All: **Lord, have mercy.**

Reader: For Shane, our Bishop; Anne, our Metropolitan; Linda, our Primate; as well as Staff at Ascension House. For St. Aidan's, Ottawa and The Reverend Rosemary Parker.

All: **Lord, have mercy.**

Reader: O God of Love, your compassion fails none you created.

Thank you for Jesus Christ and his example of a life that demonstrates how to live our daily discipleship. May we be instruments of your love, bringing you the pains of the sick, the injured, the weary, the heavy laden, those in sorrow or darkness, the hungry and weak. Grant us loving hearts and ready hands to help serve those in need among us. May our willingness to serve show our love and gratitude to you, our Lord and Saviour Jesus Christ.

All: **Amen.**

Celebrant: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness. Most merciful God,  
**All: we confess that we have sinned against you in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

**All: Amen.**

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Celebrant: God of glory,  
receive all we offer this day as a symbol of our love, and increase in us that true and perfect gift.

We ask this in the name of Jesus Christ our Lord.

**All: Amen**

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.



People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

Celebrant: We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things. By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature.

He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair.

By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices to proclaim the glory of your name.

All: **Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

Celebrant: Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for

you. When you do this, you do it in memory of me.” Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you. We ask you to send your Holy Spirit upon the offering of your holy Church.

Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ. All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.

People: **Amen.**

Celebrant: And now, as our Saviour Christ has taught us, we are bold to say,

People: **Our Father who art in heaven, hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us. And lead us not  
into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
the power, and the glory,  
for ever and ever. Amen.**

Celebrant: We break this bread to share in the body Christ

All: **We, being many, are one body, for we all share in the one bread.**

Celebrant: The gifts of God for the People of God.

People: **Thanks be to God**

Celebrant: Creator of all,  
you gave us golden fields of wheat,  
whose many grains we have gathered  
and made into this one bread.

All: **So may your Church be gathered from the ends of the earth  
into your kingdom.**

Celebrant: Living God,  
increase in us the healing power of your love.  
Guide and direct us that we may please you in all things, for the sake  
of Jesus Christ our Lord.

All: **Amen**

Celebrant: Glory to God,  
All: **whose power, working in us,  
can do infinitely more  
than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus, for ever and ever. Amen.**

Celebrant: Go in peace to love and serve the Lord.  
People: **Thanks be to God.**

Worship follows the Holy Eucharist in the Book of Alternative Services  
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